

Scientific Vs Alternative medicine

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The answer is yes in block letter. The most important fact about alternative medicine is its solution oriented approach contrary to the problem oriented approach of scientific medicine. Diseases result from a complex interaction of multiple derangement of body system. The alternative medicines are generally combination of numerous ingredients which work on different levels with different intensities and tend to solve the problem at every level. The benefit is hence more complete, more logical and more lasting. Where as scientific medicines are generally single ingredient which targets only a small specific component of abnormality. No wonder their effects are general temporary. Herbal medicine focuses also on the improving the general health and nutrition of the whole body as well as that of the organ/ component presenting the current problem. That gives it a distinct advantage over other disciplines of cure. The choice lies open for you to choose.